



Little SonCatchers

chasing after God's word

Spring Quarter, Week 13

Rules to Live by

Your Children Will Learn:

- ☉ God talked to Moses
- ☉ God gave Moses ten rules

MEMORY VERSE FOR UNIT 9



"Moses sang,
'Lord, who is
like you? you
are majestic
and holy. you
do wonderful
miracles.'"

EXODUS 15:11

Turn to Page 132 for
Memory Verse Center tips and
suggestions.

truth for your children

Today's Passage: Exodus 19:9-11, 16-20; 20:1-18

The Lord spoke to Moses. He said, "I am going to come to you in a thick cloud. The people will hear me speaking with you. They will always put their trust in you...The Lord said to Moses, "Go to the people. Today and tomorrow set them apart for me. Have them wash their clothes. Have the people ready by the third day. On that day I will come down on Mount Sinai. Everyone will see it." ...On the morning of the third day there was thunder and lightning. A thick cloud covered the mountain. A trumpet gave out a very loud blast. Everyone in the camp trembled with fear. Then Moses led the people out of the camp to meet with God. They stood at the foot of the mountain. Smoke covered Mount Sinai, because the Lord came down on it in fire. The smoke rose up from it like smoke from a furnace. The whole mountain trembled and shook. The sound of the trumpet got louder and louder. Then Moses spoke. And the voice of God answered him. The Lord came down to the top of Mount Sinai. He told Moses to come to the top of the mountain. So Moses went up. ...God told the people, "I am the Lord your God. I took you out of Egypt. I saved you from being slaves." Then God gave them 10 important rules.

[continued on page 132 sidebar→]

truth for you...A Meditation for Leaders

Sometimes it's hard to follow God's rules. We may wonder why there are so many rules. Our rebellious nature leads us to ask, "Why do I have follow these rules?" Our insecurity cries out, "How can I possibly follow all of these rules perfectly?" We know that God gave us His rules for our own safety and well-being. Since we can't possibly keep them perfectly, we can rely on God to help us. Meditate on Psalm 119:97-104 and thank God for His law today. Ask Him to give you, and the children in your classroom, hearts that desire to follow His rules. "Lord, I really love your law! All day long I spend time thinking about it...Your words are very sweet to my taste! They are sweeter than honey to me!" (Psalm 119:97, 103)



Truth for your children

Today's Bible Passage

Exodus 19:9-11, 16-20; 20:1-18

continued from page 131

1. Don't have any other gods.
2. Don't worship idols.
3. Treat God's name as the most important name of all.
4. Remember the worship day. Keep it special. God worked six days to make the earth. The next day he rested.
5. Treat your father and mother like important people and obey them. Then you'll live a long time in the land I'll give you.
6. Don't kill.
7. Stay with the one you're married to.
8. Don't steal.
9. Don't lie.
10. Don't want things that belong to someone else.

All the people saw lightning. They heard the horn and the thunder. They saw the smoke over the mountain. They shook. They were afraid. They stayed back.

(Exodus 20:1-18, excerpted from *Day by Day Kid's Bible* by Karyn Henley.)

Leaders: Pray

Ten minutes before the children arrive, gather together to pray for your class time. Invite the Holy Spirit's presence and ask Him to fill you up.

Greet the children and Parents



Greet each child by name as they arrive. Learn the names of their parents, too.

Give children visiting for the first time a small gift such as a special sticker or a colorful bookmark. Welcome the children to your classroom and introduce yourself to their parents.

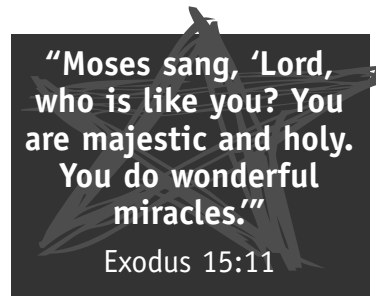
creative Activity centers 40 min.

Choose two or three activities from the Table-Top Activity Guide. The Activity Guide on page 133 has everything you need to provide hands-on, creative activities that directly reinforce the lesson. Make open-ended play centers (such as blocks, housekeeping and imaginative dress-up) available as well.

Memory Verse center . . . 3-5 min.

Practice the verse together every week during activity center time, small group time or before worship time.

Here is a tip: This is the week the children will each try to say the verse for you. Have them say it together as a class or individually. Reward them with a prize from a treasure box or with a special sticker.



clean up and Prepare for worship . . . 5 min.

Time to worship! (10 min.)

- ☉ If you have a worship team to lead the children, gather everyone together to praise Jesus!
- ☉ If you lead worship, learn one or two simple songs. Allow time for children to share praises and prayers. Dance, sing, worship!
- ☉ Model worship for the children by being an active participant!





Table-top Activity Guide

week 13: Rules to Live by

1. Baking Soda & vinegar Smoke:

This is an exciting, leader-directed activity. Place narrow containers, such as drinking glasses or plastic beverage cups, in a shallow bin. Put a scoop of baking soda in each container. Pour vinegar in each container, wetting the baking soda. The foaming chemical reaction will really amaze the children! It is completely safe and non-toxic. Perform these activities in the shallow bin to contain the foaming vinegar.

what's the point?: Talk with the children about what happened when God came down on Mount Sinai to meet Moses. There was thick clouds, thunder, lightning, fire and smoke! Say to the children: **"God talked to Moses; God gave Moses ten rules."**

Supplies:

- Small containers
- Baking soda
- White vinegar
- Shallow bin
- Paper towels

2. Table top clouds:

Play with shaving cream on your tables to mimic the clouds and smoke in our story. Let the children swirl the shaving cream all around. The children can press a piece of construction paper onto the shaving cream. When they lift it they will have a special painting that will look like clouds or thick smoke.

what's the point?: This activity is a completely tactile experience for the children. While the children are swirling around their table-top clouds, tell them what happened on Mt. Sinai. Say to the children: **"God talked to Moses; God gave Moses ten rules."**

Supplies:

- Shaving cream
- Colored construction paper
- Paper towels

Note to Leaders:

Please choose 2 or 3 table-top activities.

Most of the activities can be adapted for any age.

Have fun!

Let the children do it!

Don't forget to copy...



3. "Ten Rules" Striped Headband:

Copy the "Ten Rules" from the **Pattern Pages**. The children can color each rule stripe with crayons, coloring each one a different color. Cut a headband out of poster board, 2" wide, and long enough to fit around a child's head. Follow the directions in the **Pattern Pages** to assemble the headband.

what's the point?: As the children color the stripes, tell them that each stripe is one of the "Ten Rules" God gave to Moses. They are rules to live by. Say to the children: **"God talked to Moses; God gave Moses ten rules."**

Supplies:

- Poster board
- "Ten Rules" from **Pattern Pages** copied on white paper
- Crayons
- Scissors
- Masking tape

4. Lightning on the Mountains:

Cut large triangles from purple construction paper. The children can glue the purple "mountains" on black construction paper. Tear aluminum foil into jagged strips. Glue the foil "lightning" on the picture. Shred cotton balls to look like wispy "clouds" and glue them on the picture.

what's the point?: Exodus 19:16 says, "...there was thunder and lightning. A thick cloud covered the mountain." Not only that, there was fire, smoke and what might have been an earthquake! Say to the children: **"God talked to Moses; God gave Moses ten rules."**

Supplies:

- Purple construction paper
- Black construction paper
- Aluminum foil
- Cotton balls
- Glue sticks



"I can Do that!"

EASY IDEAS FOR
CREATIVE STORYTELLING:
Exodus 19:9-11, 16-20; 20:1-18

10 minutes (Age 3)
15 minutes (Ages 4 & 5)

Active Storytelling!

- Dress up to play the part of Moses.
- Have the children play the part of "God's people" waiting at the bottom of the mountain.
- Speak through a paper towel tube when God talks.
- When Moses climbs up the mountain, climb up on a chair. When he climbs down the mountain climb off the chair.
- Pretend with the children to wash clothes.
- Make thunder sounds with the children by slapping your thighs and clapping your hands.
- Flash the lights on and off to make lightning.
- See the Pattern Pages on page 9 to teach the children the "Ten Rules" using the hand motions.

Story Time introduction

Hi boys and girls! We have been learning all about Moses and God's people. We learned about Moses when he was a baby and how God took care of him. Then we learned about how God spoke to Moses from inside a fire bush and gave Moses special power. Then Sam and Molly did a puppet play for us and showed us how God turned the sea into dry land. Last week our story was about how God's people were hungry and God gave them food. All these stories are filled with miracles. A miracle is something special and wonderful that only God can do.

**GOD
TALKED TO
MOSES**

Bible Story

Storyteller: The lesson from the Bible starts here. See the "I Can Do That" sidebar on this page for storytelling ideas.

Well, Moses and God's people walked for three months in the desert. They were looking for the land that God had for them. They came to a big mountain and made their camp one night at the bottom of the mountain.

**GOD GAVE
MOSES
TEN RULES**

Moses climbed up to the tippy top of the mountain. **(Climb up on a chair.)** When Moses got all the way to the tippy top of the mountain, God talked to Moses. God said, **(speak through a paper towel tube)** "Moses, I'm going to come to you in a big cloud. Because My people will hear Me talking to you, they will always trust you! Go and tell My people to get ready. They need to wash all their clothes. Spend two days getting ready and on the third day, I am coming! Everyone will see it."

So, Moses walked all the way back down the mountain. **(Climb down off the chair.)** Moses told God's people, "God's coming in three days. We have to get ready. We have to wash our clothes."

So, God's people washed their clothes and got ready. **(Pretend with the children to wash clothes.)**

And sure enough, in the morning on the third day, they heard loud thunder and saw bright flashes of lightning! **(Slap your thighs and clap your hands. Flash the lights on and off.)** A big cloud came down over the mountain. There was a loud trumpet sound. Everyone in the camp shook because they were afraid.

Moses and the people stood at the bottom of the mountain. Smoke covered the mountain, because God came down on it in fire. There was so much smoke, it looked like puffy clouds all around the mountain. The whole mountain was shaking like an earthquake would shake.

Story Time [cont.]

The trumpet sounded louder and louder. Then Moses talked to God. And God answered Moses. God's voice sounded like thunder. **(Slap your thighs and clap your hands.)** Then God came down to the tippy top of the mountain.

God talked to Moses. He said, **(speak through a paper towel tube)** "Moses, come back up to the tippy top of the mountain!" So Moses went up to the tippy top of the mountain. **(Climb up on a chair.)** Then God talked to Moses. Here's what God said: **(speak through a paper towel tube)** "I am the Lord your God. Remember I am the One who saved you." Then God gave Moses ten rules.

Here are the rules God gave Moses: **(See the Pattern Pages on page 139 to teach the children the "Ten Rules" using the hand motions.)**

1. No other gods.
2. No idols. **(Explain what an idol is using these words: an idol is anything we worship instead of God.)**
3. No bad words.
4. Remember the worship day.
5. Obey your mother and father.
6. No killing.
7. Stay with the one you're married to.
8. No stealing.
9. No lying.
10. No jealousy. **(Explain that jealousy is wanting something that someone else has.)**

God's people saw the lightning. **(Flash the lights on and off.)** They heard the thunder. **(Slap your thighs and clap your hands.)** They saw the smoke from the mountain and they stayed back. They were shaking because they were very afraid.

Moses walked all the way back down the mountain. **(Climb down off the chair.)** He told the people everything God said. Moses told God's people, "God talked to me! Don't be afraid! God wants you to see how powerful He is. God wants you to love Him and worship Him. God gave me ten rules. God wants you to follow His rules and obey Him."

And, boys and girls, God wants you to love Him and worship Him. God wants you to follow His rules and obey Him, too.

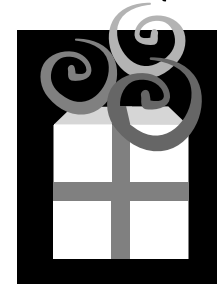
Go to "Wrap It Up!" in the sidebar.

Great Big Holy Bible

The text and pictures in the Great Big Holy Bible follow your Bible lesson closely.

You may choose to use it during the Bible lesson segment of your class, or use it at the end to reinforce your dramatic storytelling.

wrap it up!



Storyteller:
If you are teaching 3's, simply repeat the points to them one more time. If you

are teaching 4's and 5's, repeat the points AND use these questions to help the children relate the story to their own lives.

Today we learned that:

☉ **God talked to Moses.**

(Where was God when He talked to Moses? Why did Moses go up the mountain?)

☉ **God gave Moses ten rules.**

(Why did God give rules to His people? Can we follow these rules, too?)



GAMES

"TEN RULES"

- ☉ Teach the children the "Ten Rules" using hand motions. Please see the **Pattern Pages** on page 139 for complete directions.
- ☉ This will be fun and easy for the children! Have fun with it and the children will too!
- ☉ Remind the children that God talked to Moses and that God gave Moses ten rules.
- ☉ Continue teaching the "Ten Rules" hand motions as long as the children are interested.

Snack time.....10 min.
 Small Groups.....5-10 min.

How to Make it happen:

Divide the children into small groups.

- 1. Say:** Today we learned that God talked to Moses and that God gave Moses ten rules.
- 2. Ask:** What are some rules we have to keep us safe? How about rules that help us follow God?
- 3. Pray:** Dear God, thank You for Your rules that help to keep us safe. Please help us to obey Your rules. Amen.

The Purpose of Small Groups:

TO BUILD
RELATIONSHIPS WITH
THE CHILDREN

TO RECAP THE LESSON
OR POINTS

TO REVIEW THE
MEMORY VERSE
TOGETHER

Time to Go!

Dismiss the children to parents or guardians only! Keep our children safe!

Please Remember!

Photocopy "The Home Page" before church. Hand it to the parents when they pick up their children.

GOD
TALKED TO
MOSES

GOD GAVE
MOSES
TEN RULES



...see page 137



Spring quarter, week 13

Rules to Live by

Your Children Will Learn: ☉ God talked to Moses
☉ God gave Moses ten rules

MONDAY

Read & Do

Read Exodus 19:9-11, 16-20 and 20:1-18. Ask your child: "Why did Moses go up the mountain? Where was God when He talked to Moses?"

TUESDAY

Art

Exodus 24:12 tells us that the Ten Rules were carved on stone tablets. Find a small rock and paint the number 10 on it. Use it to remind you and your family of the ten rules God gave to Moses, His people and to us. See how many of the rules you can say together.

WEDNESDAY

Pray & Praise!

Talk to your child about the ten rules God gave Moses. And talk about your rules at home. Say to your child, "Sometimes it's hard to follow rules. We can't do it without God's help." Pray with your child and ask God to help you follow Philippians 4:13: "I can do everything by the power of Christ. He gives me strength."

THURSDAY

Out & About

Talk about the last thunderstorm you experienced with your child. When God came down on the mountain in the Bible story, God's people felt like they were in a thunderstorm. Ask your child: "When God talked to Moses on the mountain, what did His voice sound like? What else did God's people see and hear when Moses was on the mountain with God?"

FRIDAY

Play

See how well you can follow rules by playing a game of "Simon Says." Take turns being Simon. Talk about how easy or how hard it was to follow "Simon's" rules. Ask God to help you follow His rules today.

SATURDAY

Just for Parents...

Sometimes it's hard to follow God's rules. We may wonder why there are so many rules. Our rebellious nature leads us to ask, "Why do I have follow these rules?" Our insecurity cries out, "How can I possibly follow all of these rules perfectly?" We know that God gave us His rules for our own safety and well-being. Since we can't possibly keep them perfectly, we can rely on God to help us. Meditate on Psalm 119:97-104 and thank God for His law today. Ask Him to give you, and your children at home, hearts that desire to follow His rules. "Lord, I really love your law! All day long I spend time thinking about it...Your words are very sweet to my taste! They are sweeter than honey to me!" (Psalm 119:97, 103)

Memory verse
for unit 9

"Moses
sang, 'Lord,
who is like
You? You
are majestic
and holy.
You do
wonderful
miracles.'"

Exodus 15:11



Activity #3

"Ten Rules" Striped Headband

BEFORE CLASS:

- Copy the "Ten Rules" on white paper and cut them out along the dotted outer line.
- Cut poster board into 2" wide headbands. Make the headband long enough to wrap around a child's head.

DURING CLASS:

- The children can color each stripe a different color.
- The children can color the poster board headband with their own designs.
- After the children have finished coloring the "Ten Rules," cut them along the solid lines, in the direction of the arrows, to the black dot. The cut stripes will make a fringe.
- The children can glue the "Ten Rules" to the front of their headband.
- Use masking tape to attach the ends of the headband so it fits the children's heads. The children can wear it home.
- Read the "Ten Rules" to each child as they work. (Please see the diagram.)



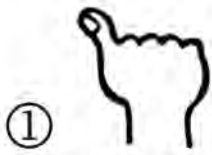
After the children have colored the stripes, cut in the direction of the arrows.

Cut only up to the black dots.

1	No other gods.
2	No idols.
3	No bad words.
4	Remember the worship day.
5	Obey your father and mother.
6	No killing.
7	Stay with the one you're married to.
8	No stealing.
9	No lying.
10	No jealousy. (Don't want things that belong to someone else.)

Rules to Live by

(Hand motions for the ten rules)



①
RIGHT HAND/THUMB
WHO'S #1? GOD.
"NO OTHER GODS."



②
POINTER
LOOKS LIKE LETTER "I."
"NO IDOLS."



③
MIDDLE FINGER TO THUMB
LOOKS LIKE LETTER "O."
SOME PEOPLE SAY, "OH, GOD!"
"NO BAD WORDS."



④
THREE FINGERS
LOOKS LIKE LETTER "W."
"REMEMBER THE
WORSHIP DAY."



⑤
WIGGLE THE PINKIE
SAY "MOMMY, MOMMY,
DADDY, DADDY."
"OBEY YOUR MOTHER & FATHER."



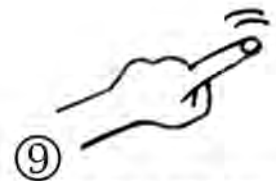
⑥
LEFT PINKIE
THRUST FORWARD, SAYING, "FSST!"
"NO KILLING."



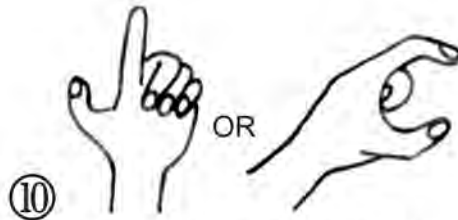
⑦
LEFT RING FINGER
WHERE YOU WEAR YOUR
WEDDING RING.
"STAY WITH THE ONE
YOU'RE MARRIED TO."



⑧
MIDDLE FINGER TOP THUMB
IF YOU WERE A PICK POCKET,
YOU'D QUIETLY STEAL,
PICKING IT UP THIS WAY.
"NO STEALING."



⑨
SHAKE POINTER FINGER.
"NO LYING."



⑩
FORM "J" WITH LEFT POINTER & THUMB
"NO JEALOUSY."
(OR FORM A "C," – "NO COVETING.")



Don't forget
to order your
Little Son catchers
Summer quarter curriculum

at
ampelonpublishing.com